



Sample Activity Plan

Science Group



Objective: Sits during a familiar, less preferred group activity for 10 minutes

Developmental Area: Social

Curriculum Area: Group Skills

Method: Behavioral

Developmental Level: Intermediate

Category: Exploratory Play

Setting: Adult-Group



Tip

Try using any group of objects in the classroom that are familiar but less preferred!

Materials

Science materials (e.g., toys, planet models, and pictures)

Procedure

Science group should only be run if it is a familiar but less preferred activity for the child. During the activity, provide playful but scientific toys, models, and pictures in no specific order.

1. Sit the child at a table or on the floor with his/her group. Be sure the child is positioned either near or directly across from the adult conducting the activities.
2. Tell the child it is time for science group, directing the child to look at you. If another adult is conducting, sit behind the child and have the teaching adult direct the child to 'look' at them. Start showing the science materials to the children.
3. If the child successfully remains seated for one minute, reinforce the child with small tangible reinforcement or social reinforcement.
4. If the child does not remain seated, redirect the child to his/her seat using a neutral tone. Remind the child that it is time for science group, and he/she can get up when it is complete.
5. Remember to reinforce the child for 'good sitting' after each interval until the activities are finished. When the morning group activities are over, provide additional reinforcement for sitting through the entire activity in the form of social reinforcement and tangible reinforcement (e.g., a preferred snack or toy).
6. If the child cannot sit for a minute, determine the length of time they are able to sit for, and reinforce them for that criteria. Slowly build up the time criteria for reinforcement based on their ability.

** This is one of 3500 Activity Plans.*